

OBJECT FORMING AND LAUNCHING APPARATUS AND METHOD**ABSTRACT OF THE DISCLOSURE**

Disclosed is an apparatus, including a shaft; a scoop, coupled to a distal end of the shaft, for collecting and holding a bolus of a compressible medium, the compressible
5 medium retaining a post-compressed shape when operated from a proximal end of the shaft;
and a former, coupled to the scoop and mating with the scoop, for molding and compressing
the bolus into a generally spherical ball retained within the scoop. A method for forming a
throwable ball, includes scooping a bolus of a compressible medium with a scoop coupled to
a distal end of a shaft, the compressible medium retaining a post-compressed shape; and
10 molding compressively the bolus into the scoop using a former coupled to the distal end,
wherein the molding step creates the ball retained in the scoop when a user operates a
proximal end of the shaft.